

Details of things to do and see while staying in our apartment:

Young Families

Activity	Location	Website	Distance from Barèges	Highlights
Animal park	Argelès-Gazost	http://www.parc-animalier-pyrenees.com	Approx. 30 mins by car	Feeding the bears
Aquarium	Lourdes	http://www.aquarium-lourdes.com	Approx. 40 mins by car	
	Argelès-Gazost	http://www.aquarium-tropical-pierrefitte.com/	Approx. 30 mins by car	
Birds of Prey	Argelès-Gazost	Donjon des Aigles Raptors and falconry at Beaucens		Raptors and falconry at Beaucens
Cable Cars (Le Pic du Midi Observatory)	La Mongie	http://www.picdumidi.com	Approx. 30 mins by car	Learn about the stars
Funicular	Lourdes	http://www.lourdes-visite.fr	Approx. 40 mins by car	
Castles	Pau	Chateau of Henry IV	Approx. 40 mins by car	Pau Visit the Chateau of Henry IV, stroll along the Promenade des Pyrenees
	Lourdes	http://www.francesouth.com/lourdes/castle_fort.htm		Explore Lourdes Fort and become a knight!
Caves	Lourdes - Grottes de Betharram	http://www.betharram.com	Approx. 40 mins by car	Travel by boat and train underground
Indoor Play Area	Tarbes		Approx. 60 mins by car	
Outdoor Swimming	Barèges	http://www.pyreneescollection.co.uk/summer/Barèges-Detailed-Activities.htm	Approx. 5 min walk at Thermal spa in town	Swim at the Helios Apartments open air pool helios.centredeloisirs@wanadoo.fr
Indoor Swimming	Barèges	www.Cièleo-Barèges.com		Enjoy the Thermal Spa swimming pool
Water Park with picnic area	Argelès-Gazost	bases loisirs jeu lac vert	Approx. 30 mins by car	Enjoy paddling, swimming, water chutes, pedalos, rowing, canoeing, fishing

Active Families

Activity	Location	Website	Distance from Barèges	Highlights
Skiing / Snowboarding / Snow Shoeing	Grand Tourmalet ski area	http://www.n-py.com/en/grand-tourmalet	Approx. 4 min free bus ride	Largest ski in the French Pyrenees
Cycling	Barèges	Bike hire at Ardiden Vélos		Follow the routes taken by the Tour de France
Mountain Biking	Barèges	Cycling in the Tourmalet		
Treetop Adventure Parks	Luz and Argelès-Gazost	http://www.chlorofil-parc.com/	Approx 10 and 30 mins by car	Go Ape and other activities
Horseriding	Barèges	The Equestrian Center Lienz	Approx 5 minutes drive	
Walking	Barèges	http://www.pyreneescollection.co.uk/summer/Barèges-Detailed-Activities.htm		Explore the network of trails in the area
UNESCO site	Gavarnie	http://summer.gavarnie.com/	Approx. 35 mins by car	Walk or horse ride to the Cirque de Gavarnie
Golf	Various	Various		Try a selection of courses in the area with great mountain views

Thrill seekers

Activity	Location	Website	Distance from Barèges	Highlights
Acrobranche	Luz St Sauveur	http://www.encheneetfrene.fr/pages/presentation.php	Approx. 15 mins by car	French equivalent of Go-Ape

Canyoning	Luz St Sauveur	<u>Canyoning near Luz</u>	Approx. 15 mins by car	Canyoning Descents of any number of local rivers, daily excursions from the Bureau des Guides in Luz
White Water Rafting	Luz St Sauveur	<u>http://www.luz-aventure.com/activites-ete-montagne.htm</u>	Approx. 30 mins by car	
Bungee Jumping	Luz St Sauveur	<u>http://www.luz-aventure.com/activites-saut-elastique.htm</u>	Approx. 15 mins by car	
Paragliding	Barèges	<u>Paragliding with Air Aventure Pyrenees</u>	Approx. 10 mins by car	Paragliding tandem flights or week-long courses with Air Aventure Pyrenees, one of the oldest established schools in France
Mountain Luge	Argelès-Gazost	<u>http://www.hautacam.com/ete/mountain-luge-pyrenees</u>	Approx. 30 mins by car	recreating the thrills of a toboggan descent, but in summer!
Dog Trekking	Barèges	<u>http://www.mushing-pyrenees.fr/index.php/ete-traineaux</u>		
Ice Climbing	Gavarnie	<u>http://winter.gavarnie.com/discover/to-see-and-do/sport-sensations/ice-climbing</u>	Approx. 35 mins by car	

Nearby Towns and Villages

Town/Village		Website	Distance from Barèges	Highlights
Argelès-Gazost		<u>http://www.argeles-gazost.com/en/home</u>	Approx. 30 mins by car	Pyrenees Animal Park, Botanical Gardens, White Water Rafting
Bagnères de Bigorre		<u>http://www.ville-bagneresdebigorre.fr</u>	Approx. 60 mins by car	Thermal Spas
Barèges		<u>http://www.Barèges.net</u>		Skiing, thermal spa, cycling, mountain biking, walking,
Cauterets		<u>http://www.cauterets.com</u>	Approx. 40 mins by car	Skiing, cycling, thermal spa, casino
Gavarnie-Gedre		<u>http://winter.gavarnie.com</u>	Approx. 35 mins by car	Cirque de Gavarnie - UNESCO world heritage site
Hautacam		<u>http://www.hautacam.com</u>	Approx. 35 mins by car	Skiing, cycling
La Mongie		<u>http://www.pyreneescollection.co.uk/ski/La-Mongie.htm</u>	Approx. 30 mins by car	Skiing, cycling
Lourdes		<u>http://en.lourdes-france.org</u>	Approx. 40 mins by car	Basicillica, caves & caverns, aquarium
Luz Ardiden		<u>http://www.luz.org</u>	Approx. 20 mins by car	Skiing, cycling
Luz St Sauveur		<u>http://www.luz.org</u>	Approx. 10 mins by car	Bowling
Pau			Approx. 80 mins by car	

Relaxation

Activity	Location	Website	Distance from Barèges	Highlights
Jazz	Marciac	<u>http://www.jazzinmarciac.co.uk/festival.html</u>	50 km North of Tarbes	Jazz in Marciac One of Europe's biggest jazz festivals in a lovely bastide village, first two weeks of August
Thermal Spas	Barèges	<u>http://www.thermes-bareges.com</u>	Approx. 5 min walk	Enjoy the various treatments on offer
Fishing	Barèges	<u>http://www.grand-tourmalet.com/uk/il4-directory,summer_p296-fishing.aspx</u>		

Further details available from Barèges Tourist Office, which is just a 10 minute walk from the apartment